



# BABAJI'S KRIYA YOGA

The Yoga of the Maha Siddhas

*Initiation Seminar*

*with M.D. Satyananda*

*Babaji's Kriya Yoga Order of Acharyas*

**in SINGAPORE · 21-23 MARCH 2014**

THE BREATH TO CREATION'S POWER & CONSCIOUSNESS  
AWAKENED AWARENESS & KUNDALINI SHAKTI

## Initiation into Kriya Kundalini Pranayama

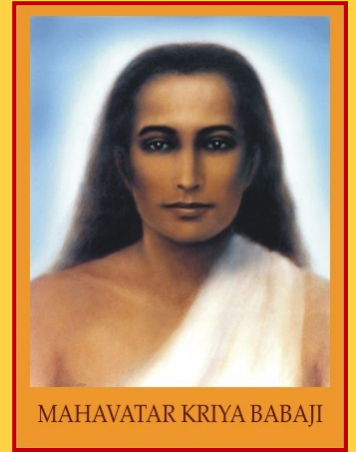
Meditation Dhyana Kriyas, Hatha Yoga Asanas, Mantra Diksha, Puja

- for Physical Health & Mental Fitness in Your Daily Life
- for a Conscious Creation of Your Present Life
- for Inner Peace, Bliss, Action with Continuous Awareness, and Realization of the Self & Absolute Reality



**KRIYA YOGA** – the Holy Scientific Art of Perfect God Truth Union, is a synthesis of the ancient teachings of the Mahasiddhas, India's mystic Sages, revived by Mahavatar Kriya Babaji Nagaraj for today's humanity and nowadays taught in various traditional branches of His disciples. Babaji's Kriya Yoga Order of Acharyas, founded by M.

Govindan Satchidananda inspired by his teacher Yogi S.A.A. Ramaiah and Babaji, initiates into a fivefold path with a series of 144 Kriya techniques, based on the Kriya of Mahavatar Babaji Nagaraj, and the Ancient 18 Maha-Siddha Yoga Tradition with the "TIRUMANDIRAM" Tantra-Yoga-Mandalas of Siddha Tirumular, the Yoga of Siddha Boganathar, and the "YOGA SUTRAS" of Siddha Patanjali.



MAHAVATAR KRIYA BABAJI

**Babaji's Kriya Yoga Trust, India:** #52, 5-Main/18-Cross Malleshwaram Bangalore 560055 | POB 5608

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Muruga+18 Siddhas Siddha Tirumular



Siddha Patanjali



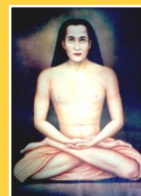
Siddha Agasthya



Siddha Boganathar



Kriya Babaji Nagaraj



Yogi Ramaiah



M.G.Satchidananda

*“The Goals of Life are Happiness, Peace, Love & Enlightenment –  
the Desire for Perfection comes forth from the SELF – the Image of GOD –  
which seeks to Realize & Express Itself through All Humanity..”*

IN THIS WEEKEND SEMINAR, the first of three progressive Initiations, you will learn essential Kriya techniques to awaken and circulate subtle energies, to increase your life force, to purify, heal and strengthen your body and mind (the five Mayakoshas), to expand your consciousness and awareness, and to unfold your complete human potential power.

#### SCHEDULE & VENUE:

Public Lecture at Vyasa Yoga & Ayurveda Singapore, 6, Race Course Lane, S (218733)

21<sup>st</sup> March (Friday)  
6.30 p.m. – 8.30 p.m.

Initiation into Kriya Yoga at Arya Samaj, 113, Syed Alwi Road, S (207681)

Opp. To Mustafa Centre  
22<sup>nd</sup> & 23<sup>rd</sup> March (Sat & Sunday)  
9.00 am – 6.00 pm

#### CHARGES:

*Public Lecture is free and all are welcome*

*Suggested Contribution for Kriya Yoga Initiation Program:*  
S\$ 250/-

#### ORGANIZER CONTACT:

Vinod @ Ashram +91 9845661221  
Ashok @ Singapore +65 90061953  
*For further information, please visit our website or contact our Ashram.*

- **KRIYA KUNDALINI PRANAYAMA** the powerful transforming and magnetizing breathing technique in six phases
- **ASANA** Hatha Yoga for greater health, relaxation and energy
- **MEDITATION** seven Dhyana techniques to master the mind, find inner peace and realize Self & Absolute Reality
- **MANTRA** to contact Kriya Babaji and your GURU within you
- **INITIATION PUJA** Sacred ceremony of Bhakti Yoga
- How to lead a healthy yogic life style with today’s life demands

**Satyananda M.D.**, Yogacharya in Babaji’s Kriya Yoga Order of Acharyas, gives seminars with Initiation into Babaji’s Kriya Yoga in various countries. Certified in Psychology and Psychotherapy, he has worked in clinical and corporation settings. After studying spiritual wisdom of the world since childhood and Vedanta and Yoga for more than a decade in India and the West, he dedicated several years exclusively to intense study and practice of Babaji’s Kriya Yoga, and to serving Babaji’s Kriya Yoga and its students worldwide in Karma Yoga. He regularly takes pilgrimages to India’s sacred places and holy masters.



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