

**February 18, 2023 Mahashivaratri**

**Subject: We need your help! Let's work together!**

Dear Kriya Yoga Initiate,

Om Kriya Babaji Nama Aum.

Since the end of the Covid 19 pandemic, one year ago, our usual sources of income and savings have only partially recovered. Our expenses have also increased substantially due to inflation. Consequently, we need your financial support to maintain our Ashrams in Bangalore and Badrinath and their staff and to continue publishing and organizing our regular activities.

**Because of your generous donations in 2022** we are happy to announce the recent publication of the following titles in local India languages: In Kannada: *The Voice of Babaji: Trilogy on Kriya Yoga, Babaji and the 18 Siddha Kriya Yoga Tradition*, and In Tamil, a new translation of *The Voice of Babaji: Trilogy on Kriya Yoga*.

We are now seeking donations to print the following Indian language publications which have already been translated: Also, donations are needed to reprint the following books: in English: *Kriya Yoga Sutras of Patanjali*, Rs. 1.8 laks, *The Yoga of Boganathar* volume 2, Rs.2.3 laks, *Voice of Babaji*, Rs. 5.0 laks. In Hindi: *Kriya Hatha Yoga: 18 postures*, Rs. 70,000, and *Babaji and the 18 Siddha Kriya Yoga Tradition*, Rs. 1.8 laks. Total: Rs. 11.6 laks.

We will offer 1<sup>st</sup> initiation Kriya Yoga initiation seminars in Bangalore, March 10-12, and in Mumbai in May 12-14, 2023. We will offer 2<sup>nd</sup> initiation seminars in Bangalore and Mumbai in November and December. We will offer a 3<sup>rd</sup> initiation in Bangalore in December.

**In preparing our budget for 2023**, our biggest challenge was 43% increase in the cost of a new 5 year lease effective January 1, 2023 with the landlord of our Bangalore ashram.

We will also need about INR 5.0 laks for repairs and painting of the Badrinath ashram.

**Contribute generously and save this Kriya Yoga lineage. Here is how!**

Any amount of a one-time donation will be greatly appreciated,

OR every month send by cheque or bank transfer Rs. 300 (minimum) to Rs. 1000/- (maximum)

OR plan to send by cheque or bank transfer an amount every 3 months.

OR sponsor one language book printing or any other activity of the Ashram. If you are sponsoring a book printing, we can mention your name in its acknowledgements.

Make a pledge now!

In these difficult times, we are humbly requesting you as an initiated member of our Sangah help our lineage to survive and thrive spreading Babaji's sacred art and science of Kriya Yoga to all true seekers, and to continue to help us to support you. Act now to support to spread the holy message of Babaji's Kriya Yoga to all.

You can send a 'Demand Draft' or a 'Cheque' payable to 'Babaji's Kriya Yoga Trust' and send to the following postal address:

Babaji's Kriya Yoga Trust,  
# 52, 'Cement Villa, 1st Floor, 5th Main, Malleshwaram 18<sup>th</sup> Cross, Bangalore - 560 055.  
Tel: +91 94 99 20007 / +91 9845 66 1221.  
E mail: [info@babajiskriyayoga.in](mailto:info@babajiskriyayoga.in)

Or make a transfer to:

**Bank:** Punjab National Bank,  
**Account Number:** 126 10 10 1000 544 76.  
**Account Name:** Babaji's Kriya Yoga Trust,  
**Branch:** St. Peter's Pontifical Seminary,  
**IFSC Code:** PUNB 0 46 2500.

### **Your commitment and the best way to honor Babaji.**

Babaji has said that the best way to honor him is by practicing his Kriya Yoga. Babaji has said that the amount of divine Grace you receive depends upon three things: your Kriya Yoga sadhana, your devotion to the Guru, and your service to Him in others. You can cultivate aspiration in these three ways by giving generously to his sacred Trust now.

If you have any questions related to the practice of Babaji's Kriya Yoga feel free to write to Acharya Satyananda, Acharya Gurudasan, myself, or our ashram and trust manager Vinod Kumar

### **Our commitment to support you in various ways:**

**In India: for initiates twice daily practice** of Babaji's Kriya Yoga, including pranayama, meditation, mantras: 5:30 to 7:30 am, with 3 successive levels of initiates, and for those who have received level 1, 5:30 pm to 6:30 pm local time. To enroll contact: Mr. Vijay Raghava, WhatsApp number +91 9833888223 (India, Mumbai) or [vijaygudimetla@gmail.com](mailto:vijaygudimetla@gmail.com). Participants do the asanas before or after these times on their own <https://www.babajiskriyayoga.net/english/pdfs/events/Online-India-Sadhana-Program-v2021.pdf>

**Sunday Satsang.** 12.00 GMT+1 (14.00 CET) duration: 60 to 90 minutes.

<https://www.babajiskriyayoga.net/english/pdfs/events/english Intl-satsang-infotext-sunday.pdf>

**"Receive our new Babaji message cards!** They inspire and remind you of Kriya Babaji and the wisdom of our tradition. We will send them to you via **Whatsapp** 2-3 x per week in 6 languages as per your choice. For more information [Click here](#) to Download PDF

**Video Interview with M. G. Satchidananda.** View my entire 45 minute interview for *The Grand Self* movie, including questions and answers on the light body, the Siddha's teachings on transformation of all five bodies: <https://grandselfmoviecommunity.com/marshallgovindanfullinterview>

### **Our publications whose study will deepen your understanding of the practice of Babaji's Kriya Yoga:**

- Enlightenment : Its Not What You Think
- The Treasure Trove of Tamil Yoga Siddha Manuscripts

- Kriya Yoga Insights Along the Path
- Kriya Yoga Sutras of Patanjali • Babaji's Kriya Yoga: Deepening Your Practice
- The Voice of Babaji: Trilogy on Kriya Yoga
- The Yoga of Boganathar, volumes 1 and 2
- The Yoga of the Eighteen Siddhas: an Anthology
- The Yoga of Tirumular: Essays on the Tirumandiram
- The Tirumandiram
- The Yoga Toolbox
- The Kriya Yoga Journal: a quarterly publication, whose past issues are accessible on the "Articles" page of our website [www.babajiskriyayoga.net](http://www.babajiskriyayoga.net).

These will also inspire you and help you to overcome any difficulties you may experience. Particularly in the beginning, students may experience difficulties such resistance to change, difficulty in finding time to practice, self-doubt, and conflicts born of unrealized expectations. The practice of Babaji's Kriya Yoga is a long-term process of transformation, which requires the intelligent application of one's willpower to the skilled use of the techniques you have begun to use.

Even before the Covid 19 pandemic, during the past several years, the ability of Babaji's Kriya Yoga Trust, a registered, tax exempt charitable organization in Bangalore, to cover the indirect costs associated with the seminars, including staff salaries, rent for our ashram, electricity, telephone, internet, and maintenance charges, and to remain self sufficient financially from the sale of publications has been effected by the effect of high inflation, led by rent and salaries, and an inability to increase the price of our books, our sole source of income aside from donations.

To remedy this situation, we developed and implemented an Ecommerce bookstore. And we have decided to make this appeal to initiates for donations. I am sharing this information with you so that you will appreciate why we need your financial support to help us cover not only the above indirect costs of your seminar, but the future projects described below.

#### **New Ecommerce bookstore on our website with "Look Inside the Book" facility**

On the bookstore page of our website <https://babajiskriyayogastore.in> we are happy to announce the installation of the following new facilities: 1. An Ecommerce which allows you to make your purchases online in a highly secure manner, using your bank card, debit card or credit card, in partnership with the leading internet banking provider CC Avenue. Your card number and confidential data will be transmitted by encryption, and will be recorded only by our bank, not even in our own database. 2. Online free access, to a sample chapter and the "Table of Contents" in most of our publications via a "Look Inside the Book" link to its PDF which will permit you to evaluate it before purchasing it. 3. Online free access to the first lesson in the Grace of Babaji's Kriya Yoga correspondence course, and all of the past issues of the Kriya Yoga Journal.

**Our correspondence course: The Grace of Babaji's Kriya Yoga:** To support you during the coming months and years, we have published a one- or two-year correspondence course, which you may begin any time

**You can also support the Trust by ordering our publications and the Grace of Babaji's Kriya Yoga correspondence course from this website.**

In Babaji's service

M. Govindan Satchidananda  
President, Babaji's Kriya Yoga Trust, Bangalore