

December 5, 2019

Subject: Let's work together!

Dear Kriya Yoga Initiate,

Om Kriya Babaji Nama Aum. I would like to congratulate and encourage you in your first steps as a sadhak of Babaji's Kriya Yoga, who has committed his or her self to the sadhana prescribed by our Satguru, Kriya Babaji Nagaraj. Babaji has said that the best way to honor him and to win His grace is by practicing his Kriya Yoga. For this purpose, please feel free to write to Acharya Satyananda, Acharya Gurudasan, myself, or our ashram manager Vinod Kumar, if you have any questions related to the practice of Babaji's Kriya Yoga.

Our commitment to support you in various ways:

To support you during the coming months and years, we have published a one or two year correspondence course, The Grace of Babaji's Kriya Yoga, which you may begin any time and the following books, whose study will deepen your understanding of the practice of Babaji's Kriya Yoga:

- Enlightenment : Its Not What You Think
- The Treasure Trove of Tamil Yoga Siddha Manuscripts
- Kriya Yoga Insights Along the Path
- Kriya Yoga Sutras of Patanjali • Babaji's Kriya Yoga: Deepening Your Practice
- The Voice of Babaji: Trilogy on Kriya Yoga
- The Yoga of Boganathar, volumes 1 and 2
- The Yoga of the Eighteen Siddhas: an Anthology
- The Yoga of Tirumular: Essays on the Tirumandiram
- The Tirumandiram
- The Yoga Toolbox
- The Kriya Yoga Journal: a quarterly publication, whose past issues are accessible on the "Articles" page of our website www.babajiskriyayoga.net.

These will also inspire you and help you to overcome any difficulties you may experience. Particularly in the beginning, students may experience difficulties such resistance to change, difficulty in finding time to practice, self-doubt, and conflicts born of unrealized expectations. The practice of Babaji's Kriya Yoga is a long-term process of transformation, which requires the intelligent application of one's willpower to the skilled use of the techniques you have begun to use. We are also ready to support you in this process by inviting you to repeat the first initiation seminar without financial obligation, to attend our weekly yoga classes and monthly initiates' satsang meetings, and to practice at our ashrams in Bangalore, Sri Lanka and Badrinath.

Visits to our Ashrams.

We are happy to inform you that the construction of the Badrinath ashram has been completed in September, 2017. This includes thirteen apartments, two halls, office, bookstore, community dining

room, mantra yagna peetam and some landscaping. Four groups of Kriya Yoga pilgrims spent 7 to 9 days there in 2018. It has comfortable accommodations for up to 27 persons, and two big halls. To see recent photos go to: http://www.babajiskriyayoga.net/english/NewsNotes.htm#badrinath_construction

Contact the Bangalore ashram if you are interested to visit it and require a room reservation.

New Ecommerce bookstore on our website with “Look Inside the Book” facility

On the bookstore page of our website www.babajiskriyayoga.net, we are happy to announce the installation of the following new facilities: 1. An Ecommerce which allows you to make your purchases online in a highly secure manner, using your bank card, debit card or credit card, in partnership with the leading internet banking provider CC Avenue. Your card number and confidential data will be transmitted by encryption, and will be recorded only by our bank, not even in our own database. 2. Online free access, to a sample chapter and the “Table of Contents” in most of our publications via a “Look Inside the Book” link to its PDF which will permit you to evaluate it before purchasing it. 3. Online free access to the first lesson in the Grace of Babaji’s Kriya Yoga correspondence course, and all of the past issues of the Kriya Yoga Journal.

Request for assistance:

Indirect costs of the initiation seminars: When we began our mission of organizing initiation seminars in many cities across India in 1997, we did not even ask for a “suggested contribution,” out of respect for the principle that the teaching of spirituality should not be done in exchange for money. In the early years, students voluntarily did make contributions which were sufficient for us to offer a couple of seminars in India every year. But we could not afford to offer more than this usually primarily because of our limited resource. During the past decade, the traditional Indian notion of contributing liberally to spiritual teachers when the teachings are highly appreciated has been gradually replaced by a commercial or business mentality which encourages people to “try to get as much as possible while giving as little as possible in return,” in the modern “spiritual marketplace.” Consistent with our principle to “never allow money to become an obstacle to initiation” for sincere seekers, we have succeeded in recent years to offer six to ten initiation seminars per year in India by asking only for a “suggested contribution,” which permits those with less means to participate even if they cannot contribute so much. This “suggested contribution” varies from place to place and is calculated by adding up all of the direct costs of a seminar (including hall rental, publicity, photocopies, and local travel) and dividing their total by the expected number of participants.

It should be emphasized that for 20 years, Babaji’s Kriya Yoga Order of Acharyas, Canada and USA has subsidized Babaji’s Kriya Yoga Trust (India). No funds have ever been transferred out of India. It should also be emphasized that the Acharya is a volunteer, and receives none of the money contributed by participants in the seminars in India, and that even the cost of the Acharya’s travel from abroad as well as his honorarium is paid entirely by the Babaji’s Kriya Yoga Order of Acharyas in Canada, a charitable organization. Challenges to our ability to remain self-sufficient: During the past several years, the ability of Babaji’s Kriya Yoga Trust, a registered, tax exempt charitable organization in Bangalore, to cover the

indirect costs associated with the seminars, including staff salaries, rent for our ashram, electricity, telephone, internet, and maintenance charges, and to remain self sufficient financially from the sale of publications has been taken away by the effect of high inflation, led by rent and salaries, and an inability to increase the price of our books, our sole source of income aside from donations.

To remedy this situation, we developed and implemented an Ecommerce bookstore. And we have decided to make this appeal to initiates for donations. I am sharing this information with you so that you will appreciate why we need your financial support to help us cover not only the above indirect costs of your seminar, but the future projects described below.

Satsang Leaders Training:

I am happy to announce that 10 Kriya Yoga initiates will be participate in a "Satsang Leaders Training" seminar December 15-18, 2019. They will be trained by Acharyas Gurudasan and Satyananda to offer monthly satsang meetings for initiates, and to offer to the public introductory lectures and classes in the 18 postures in Mumbai, Chennai, Indore, Cochin and Bangalore.

We also need your financial support to do the following in 2020: To print the "Babaji and the 18 Siddha Kriya Yoga Tradition" Malayalam and Kannada editions at a cost of Rs. 1.2 laks, the Kannada edition of "Voice of Babaji," Rs. 1.8 laks, a Hindi edition of volume 3 of the "Voice of Babaji," the book, "Kailash," and a Kannada edition of "Kriya Yoga Insights Along the Path". Total: Rs. 4.8 laks.

Any amount of donation will be greatly appreciated! Do make your Demand Draft or check payable to Babaji's Kriya Yoga Trust and send to: Babaji's Kriya Yoga Trust Post Box No. 5608, #52, 1st Floor, 5th Main, 18th Cross, Malleshwaram, Bangalore, KA 560 055 Tel: (080) 23560252 Fax: (080) 23444835 E mail: info@babajiskriyayoga.in Or make a transfer to Punjab National Bank, Account Number 1261010100054476 Account Name: Babaji's Kriya Yoga Trust, Branch : St. Peters Pontifical Seminary, Malleshwaram West Bangalore 560 055 IFSC Code :PUNB0462500

In Babaji's service

M. Govindan Satchidananda

President