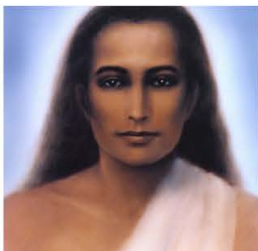


Kriya Yoga Level I

FREE
LECTURE



FREE Zoom Lecture: 3/12/21 7pm-830pm

- Cultivate an understanding of of Kriya Yoga & how it can enhance your way of living
- Experience one of the most powerful meditations
- Surround yourself in a community of spiritual seekers
- Receive information on how to pursue Level I training

Sat/Sun 3/27-3/28
9am-6pm
\$288

LEVEL 1 INCLUDES :

- Kriya Hatha Yoga
- Kriya Kundalini Pranayama
- Kriya Dhyana Yoga