

Kriya Yoga Satsang



Cultivate a deeper understanding of the spiritual teachings and practices of Kriya Yoga in our upcoming Satsang. This ancient practice of gathering in a community consists of:

- Devotional practices (chanting, meditation, & yoga)
- Inspirational insight and conversation
- Deep connection with self & others

Satsang: A Gathering of Consciousness

Wednesday 4/19/23 and 5/24/23 from 7pm-830pm

Private home in Tempe, AZ



Shantiananda has been studying yoga since 1970 and was first initiated into Babaji's Kriya Yoga in 1991. In July 2001, after years of rigorous training, Shantiananda became a member of Babaji's Kriya Yoga Order of Acharyas and teaches the first level initiation seminar of Babaji's Kriya Yoga in the Southwest region. She holds a Master's degree in Counseling Psychology. Although she retired from the City of Scottsdale in 2008, Shanti is now teaching Stress Management at Arizona State University in Tempe, AZ. Shantiananda hopes to continue to spread Babaji's teachings as long as she can.