



# BABAJI'S KRIYA YOGA

## & the Yoga of the Siddhas

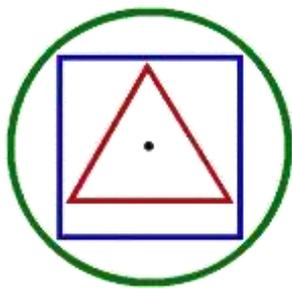
8 - 10 May 2020 · LONDON PROGRAM

@ The Theosophical Society, London

with Acharya Satyananda, Babaji's Kriya Yoga Order of Acharyas

### *Kriya – the Inner Alchemy of Yoga*

First Initiation into Kundalini Pranayama  
*the Breath to Creation's Power & Consciousness*  
+ 7 Meditation Techniques  
+ Asanas + Mantra + Sacred Puja + Guidance



- ॐ *Awaken your Potential Power of Manifestation*
- ॐ *Act with Awareness, Consciously Create your present Life*
- ॐ *Transform Limiting Beliefs & Habitual Patterns*
- ॐ *Enhance your current Spiritual or Religious Practice*
- ॐ *Improve Health, Mental Fitness & Inner Well-Being*
- ॐ *Find your Self, the Absolute Reality & Inner Peace*

Kriya Yoga is for everyone independent of age, physical health, cultural background, and it integrates into any other spiritual practice. You will be offered tools for profound inner self transformation and personal mastery – given only for your personal and private use. The ability to use them requires the initial training and your regular personal practice. Then you can and will experience the magic of sacred internal alchemy, which words cannot describe.

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CONTACT

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**[babajiskriyayoga.net](http://babajiskriyayoga.net)**



18 Siddhas



Siddha Tirumular



Siddha Patanjali



Siddha Agasthya



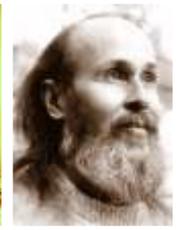
Siddha Boganathar



Kriya Babaji



Yogi Ramaiah



M.G.Satchidananda

### Venue

The Theosophical Society  
50 Gloucester Place  
London, W1U 8EA

### Schedule

3-Days Weekend Program  
Friday 9.30 a.m. – 7.00 p.m.  
Saturday 8.00 a.m. – 7.00 p.m.  
Sunday 8.00 a.m. – 6.00 p.m.  
*complete attendance mandatory  
advance registration required*

### Suggested Contribution

£300 (repeating £150)

### Registration

*please fill the U.K. [enrollment form](#)  
on our website and contact  
[london@babajiskriyayoga.net](mailto:london@babajiskriyayoga.net)*

### Information

*for more information, please go to  
[www.babajiskriyayoga.net](http://www.babajiskriyayoga.net)  
read student [testimonials](#) and [articles](#)*

### **TESTIMONIALS**

- *“Perfect. I couldn’t think how it could be better.”*
- *“This two and a half day 'initiation' cut through the noise, and I arrived at a whole heap of stuff that I could take back and use immediately. I recommend it highly.”*
- *“Just what I wanted. I was in a different world altogether. Time and money were well spent for myself.”*
- *“I have I found that Kriya Yoga is the fullest flowering of yogic practices. A yoga practice offered as a living experience.”*
- *“It was wonderful... elevating, enlightening, comforting, inspiring and immediately actionable... all rolled into one... not many things like that on this planet.”*
- *“I am feeling relieved and very hopeful with the journey ahead of me. Peaceful in the knowledge that I will find myself – a self I always felt I never knew.”*
- *“By regularly practising Kriya Yoga, I am able to come home to myself after being out there in the world. I have within me all that it takes to deal with what is going on inside and outside me.”*

*“Goals of Life are Happiness, Peace, Love, Enlightenment – the Desire for Perfection comes forth from the Self, the Image of God, which seeks to Realize & Express Itself through All Humanity”  
– Yogi Ramaiah, inspired by Babaji*





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Kriya Babaji



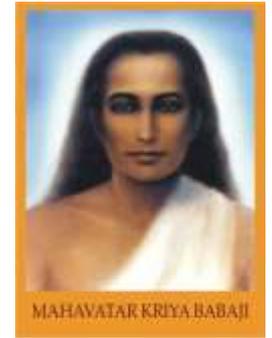
Yogi Ramaiah



M.G. Satchidananda

**KRIYA YOGA** is a holy scientific art of inner alchemy for perfect union with God/Truth, a synthesis of the ancient teachings of the Siddhas, India's mystic age free sages and spiritual Yoga adepts, revived for today's humanity by Mahavatar Kriya Babaji Nagaraj, nowadays taught in various branches of his disciples.

**Babaji's Kriya Yoga Order of Acharyas**, founded by M. Govindan Satchidananda inspired by his teacher Yogi S.A.A. Ramaiah and Babaji, initiates in three progressive stages into a series of 144 Kriya techniques, based on the teachings of Babaji's Kriya Yoga and the ancient South Indian **18 SIDDHA YOGA TRADITION**, represented by the substantial Tirumandiram Tantra Yoga of Siddha Tirumular, the Yoga of Secret Inner Alchemy of Siddha Boganathar, and the famous Yoga Sutras of Siddha Patanjali.



## IN THIS PROGRAM

You receive ancient wisdom and insight with clear instruction and with practical training in using substantial Kriya techniques to awaken, circulate and increase subtle energies and your Life Force, to purify, heal and strengthen your body and your mind (all bodies of our being), to burn your Karmas, and find your Dharma, to enhance your awareness in action and expand your consciousness, and to unfold your full human potential.

**You learn** a pranayama, a powerful transforming and magnetizing breathing technique in six phases, further seven meditation techniques, to prepare the mind, and for manifestation, and specific Asanas, to prepare the body, and for greater health, and in a sacred Puja opening ceremony, a Mantra to connect with Kriya Babaji's Grace and your inner Guru within, and you receive a step by step guidance on how to integrate your Yoga into your usual lifestyle.



## THE PATH

**of this lineage** contains three progressive programs, starting with this **first initiation**.

**A second initiation** residential 3-day retreat program covers more aspects of the integral path of Yoga, with a purifying *mantra* fire ritual (*yagna*) and initiation (*diksha*), additional pranayamas, awareness training, and teaches how to constantly practice Yoga and action with awareness during daily life.

**A third initiation** residential 9-day retreat program teaches as an advanced training a series of 144 Kriyas, including techniques to purify the bodies, develop subtle energy powers (*siddhis*), and the *Samadhi* Kriyas for the mystic states of consciousness in meditation.

**Repeating** initiation programs is appreciated by many Initiates to deepen, refresh and expand their experiences and insights.



**THE TEACHER:** Satyananda, Acharya in Babaji's Kriya Yoga Order of Acharyas, is certified in Psychology and Psychotherapy, worked in clinical and corporation settings, studied spiritual wisdom of the world since childhood, and Vedanta and Yoga for one decade, and dedicated two decades exclusively to Babaji's Kriya Yoga, while serving its mission with Karma Yoga. He now offers programs with initiation into the full lineage of Babaji's Kriya Yoga, mainly in Europe, India and the East, programs on Yoga philosophy, psychology and metaphysics, and pilgrimages to India's sacred places and holy saints.

