

BABAJI'S KRIYA YOGA

- The Yoga of the Maha Siddhas -

INITIATION WEEKEND SEMINAR

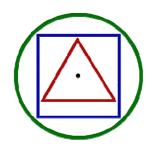
The First in a series of three progressive Initiations with Yogaacharya Kriyanandamayi K.K.,
Babaji's Kriya Yoga Order of Acharyas



24–26 November **2017** in **CHENNAI**

Initiation into Kriya Kundalini Pranayama Meditation · Asana · Mantra, Initiation Ceremony

The Breath to Creation's Power & Consciousness,
Awakened Kundalini Shakti & Action with Awareness

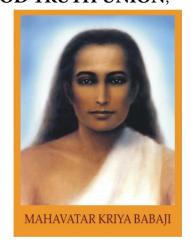


brings about..

- 🕉 Physical Health & Mental Fitness in Your Daily Life
- 🕉 Constant Inner Peace in a Householder's Life
- 🕉 Realization of Your Self & Absolute Reality
- 🕉 Conscious Creation of Your Present and Future Life

KRIYA YOGA – THE HOLY SCIENTIFIC ART OF PERFECT GOD TRUTH UNION,

is a synthesis of the ancient teachings of the *Maha Siddhas*, India's age free Mystic Sages and Yoga Adepts, revived for today's humanity by *Mahavatar Kriya Babaji Nagaraj*, nowadays taught in various branches of His disciples. **Babaji's Kriya Yoga Order of Acharyas**, founded by M. Govindan Satchidananda, inspired by his teacher Yogi S.A.A. Ramaiah and Babaji, initiates in three progressive stages into a series of 144 Kriya techniques, based on the teachings of Babaji's Kriya Yoga and of the ancient *18 Siddha Yoga Tradition* with the substantial "*Tirumandiram*" Tantra Yoga Mandalas of Siddha Tirumular, the Yoga of Siddha Boganathar, and the famous "*Yoga Sutras*" of Siddha Patanjali.



India: Babaji's Kriya Yoga Trust

PB 5608, #52, 5thMain Malleshwaram 18thCross Bangalore 560 055 | +91/0 80 23560252 | info@BabajisKriyaYoga.in **International HQ:** Babaji's Kriya Yoga Order of Acharyas, Inc. USA/Canada POB 90, Eastman QC, JOE 1PO Canada | +1(450) 297-0258 | info@BabajisKriyaYoga.net



















Muruga+18 Siddhas Siddha Tirumula

r Siddha Patanjali

Agasthya Siddha Boganatha

Kriya Babaji Nagara

j Yogi Ramaiah M.G.Satchidanar

"The Goals of Life are Happiness, Peace, Love & Enlightenment – the Desire for Perfection comes forth from the SELF – the Image of GOD – which seeks to Realize & Express Itself through All Humanity.." – Yogi Ramaiah

Schedule:

3-Days Weekend Residential Program Friday 6 p.m. to Sunday 6 p.m.

Complete attendance mandatory, residential stay optional, prior registration required
Reporting time: Friday 5 p.m. (4 p.m. for residents)

Venue:

DMI St.Thomas International Centre Hill Top, St. Thomas Mount Chennai – 600 016

Suggested Contribution:

This amount reflects a per person share of expenses related to organize this event (venue, lunch, back office, publicity)

Non-Residential: Rs. 5,800/Residential: Rs. 9,600/including full board and accommodation

Contact:

for registration and seminar information please contact our Trust office Mr. Vinod K. 0 98 4566 1221

for local venue questions please contact Mr. Sreenivasan 0 944 44 46 725

our international and India website www.babajiskriyayoga.in

In this weekend seminars, the first one of three progressive initiation seminars, you will learn essential Kriya techniques to awaken and circulate subtle energies, to increase your life force, to purify, heal and strengthen your body and mind (the five Mayakoshas), to expand your consciousness and awareness, and to unfold your complete human potential power.

- KRIYA KUNDALINI PRANAYAMA The powerful transforming and magnetizing breathing technique in six phases
- ASANA Hatha Yoga for greater health, relaxation and energy
- **MEDITATION** Seven Dhyana techniques to master the mind, find inner peace and realize Self & Absolute Reality
- MANTRA to contact Kriya Babaji and your Guru within you
- INITIATION PUJA Sacred ceremony of Bhakti Yoga
- LIFE STYLE How to integrate Yoga into daily life demands

Kriyanandamayi K.K., Yogaacharya in Babaji's Kriya Yoga Order

of Acharyas, offers seminars with initiation into Babaji's Kriya Yoga, in Sri Lanka, India and Malaysia in English or Tamil. In her country Sri Lanka, she manages our two ashrams as secretary of our Trust, organizes initiation seminars and pilgrimage tours to holy places, conducts Hatha Yoga classes, corporate and students programs, acupuncture treatment, and performs sacred ceremonies at our ashrams. After being introduced to spirituality since early childhood,



she explored various spiritual lineages, taught Hatha Yoga since 2001, and since a decade she has dedicated her life fully to intense Sadhana of Babaji's Kriya Yoga and to serving the local Sangha and her parental family.

India: Babaji's Kriya Yoga Trust

PB 5608, #52, 5thMain Malleshwaram 18thCross Bangalore 560 055 | +91/0 80 23560252 | info@BabajisKriyaYoga.in **International HQ:** Babaji's Kriya Yoga Order of Acharyas, Inc. USA/Canada POB 90, Eastman QC, JOE 1PO Canada | +1(450) 297-0258 | info@BabajisKriyaYoga.net

