



# BABAJI'S KRIYA YOGA

– *The Yoga of the Maha Siddhas* –

## INITIATION WEEKEND SEMINAR

The First in a series of three progressive Initiations

with **Yogaacharya Gurudasan,**

Babaji's Kriya Yoga Order of Acharyas

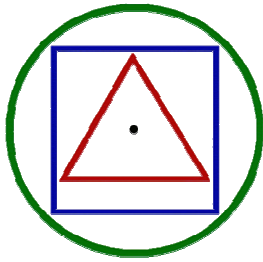
26–28 January **2018** in **KOCHI**

**Initiation into Kriya Kundalini Pranayama  
Meditation • Asana • Mantra, Initiation Ceremony**

*The Breath to Creation's Power & Consciousness,  
Awakened Kundalini Shakti & Action with Awareness*

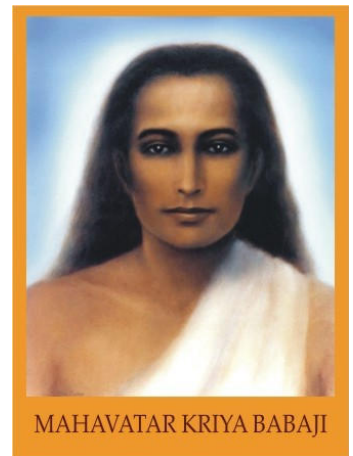
*brings about..*

- ॐ *Physical Health & Mental Fitness in Your Daily Life*
- ॐ *Constant Inner Peace in a Householder's Life*
- ॐ *Realization of Your Self & Absolute Reality*
- ॐ *Conscious Creation of Your Present and Future Life*



### KRIYA YOGA – THE HOLY SCIENTIFIC ART OF PERFECT GOD TRUTH UNION,

is a synthesis of the ancient teachings of the *Maha Siddhas*, India's age free Mystic Sages and Yoga Adepts, revived for today's humanity by *Mahavatar Kriya Babaji Nagaraj*, nowadays taught in various branches of His disciples. **Babaji's Kriya Yoga Order of Acharyas**, founded by M. Govindan Satchidananda, inspired by his teacher Yogi S.A.A. Ramaiah and Babaji, initiates in three progressive stages into a series of 144 Kriya techniques, based on the teachings of Babaji's Kriya Yoga and of the ancient *18 Siddha Yoga Tradition* with the substantial "*Tirumandiram*" Tantra Yoga Mandalas of Siddha Tirumular, the Yoga of Siddha Boganathar, and the famous "*Yoga Sutras*" of Siddha Patanjali.



MAHAVATAR KRIYA BABAJI

#### India : Babaji's Kriya Yoga Trust

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**International HQ :** Babaji's Kriya Yoga Order of Acharyas, Inc. USA/Canada

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[www.babajiskriyayoga.in](http://www.babajiskriyayoga.in)



Muruga+18 Siddhas



Siddha Tirumular



Siddha Patanjali



Siddha Agasthya



Siddha Boganthar



Kriya Babaji Nagaraj



Yogi Ramaiah



M.G.Satchidananda

*“The Goals of Life are Happiness, Peace, Love & Enlightenment –  
the Desire for Perfection comes forth from the SELF – the Image of GOD –  
which seeks to Realize & Express Itself through All Humanity..” – Yogi Ramaiah*

### **Schedule:**

3-Days Weekend Residential Program  
Friday 6 p.m. to Sunday 6 p.m.

*Complete Attendance is Mandatory  
Prior Registration Required  
Reporting Time Friday 5 p.m.*

### **Venue:**

**B.T.H. Hotel** (Samsar hall)  
D.H. Road, Ernakulam, Kochi

### **Suggested Contribution:**

Rs. 5,000/-

*This amount reflects a per person share of  
expenses related to organize this event  
(venue, lunch, back office, publicity)*

### **Contact:**

*for registration and seminar information  
please contact our Trust office  
Mr. Vinod K. 0 98 4566 1221*

*for local information please contact  
Ms. Lakshmi 0 944 654 6227*

*Please visit our website  
[www.babajiskriyayoga.in](http://www.babajiskriyayoga.in)*

**IN THIS WEEKEND SEMINAR**, the first one of three progressive initiation seminars, you will learn essential Kriya techniques to awaken and circulate subtle energies, to increase your life force, to purify, heal and strengthen your body and mind (the five Mayakoshas), to expand your consciousness and awareness, and to unfold your complete human potential power.

- **KRIYA KUNDALINI PRANAYAMA** The powerful transforming and magnetizing breathing technique in six phases
- **ASANA** Hatha Yoga for greater health, relaxation and energy
- **MEDITATION** Seven Dhyana techniques to master the mind, find inner peace and realize Self & Absolute Reality
- **MANTRA** to contact Kriya Babaji and your Guru within you
- **INITIATION PUJA** Sacred ceremony of Bhakti Yoga
- **LIFE STYLE** How to integrate Yoga into daily life demands

**GURUDASAN**, Yogaacharya in Babaji's Kriya Yoga Order of Acharyas, offers seminars with initiation into Babaji's Kriya Yoga, mainly in India and other Indian expat countries. With his cultural Tamil background, he is familiar with the Tamil Siddha Tradition and teaches Kriya Yoga within the context of Indian spirituality. His interest unfolded around Swami Vivekananda, Sri Ramana Maharshi and Sri Vidya Sadhana. With a bachelor's degree in engineering and information technology, he works as an investigative data analyst. Married since 2014, he is living with his wife presently in Bangalore, India.



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