

# BABAJI'S KRIYA YOGA

- The Yoga of the Maha Siddhas -

# **INITIATION WEEKEND SEMINAR**

The First in a series of three progressive Initiations with Yogaacharya Gurudasan,

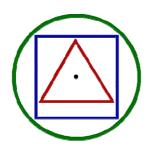
Babaji's Kriya Yoga Order of Acharyas



# 1–3 September **2017** in **BANGALORE**

Initiation into Kriya Kundalini Pranayama Meditation · Asana · Mantra, Initiation Ceremony

The Breath to Creation's Power & Consciousness,
Awakened Kundalini Shakti & Action with Awareness

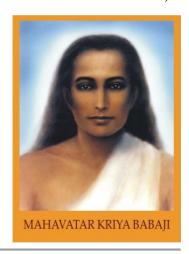


brings about..

- 🕉 Physical Health & Mental Fitness in Your Daily Life
- 🕉 Constant Inner Peace in a Householder's Life
- 🕉 Realization of Your Self & Absolute Reality
- 🕉 Conscious Creation of Your Present and Future Life

### KRIYA YOGA – THE HOLY SCIENTIFIC ART OF PERFECT GOD TRUTH UNION,

is a synthesis of the ancient teachings of the *Maha Siddhas*, India's age free Mystic Sages and Yoga Adepts, revived for today's humanity by *Mahavatar Kriya Babaji Nagaraj*, nowadays taught in various branches of His disciples. **Babaji's Kriya Yoga Order of Acharyas**, founded by M. Govindan Satchidananda, inspired by his teacher Yogi S.A.A. Ramaiah and Babaji, initiates in three progressive stages into a series of 144 Kriya techniques, based on the teachings of Babaji's Kriya Yoga and of the ancient *18 Siddha Yoga Tradition* with the substantial "*Tirumandiram*" Tantra Yoga Mandalas of Siddha Tirumular, the Yoga of Siddha Boganathar, and the famous "*Yoga Sutras*" of Siddha Patanjali.



India: Babaji's Kriya Yoga Trust

PB 5608, #52, 5<sup>th</sup>Main Malleshwaram 18<sup>th</sup>Cross Bangalore 560 055 | +91/0 80 23560252 | info@BabajisKriyaYoga.in **International HQ:** Babaji's Kriya Yoga Order of Acharyas, Inc. USA/Canada POB 90, Eastman QC, JOE 1PO Canada | +1(450) 297-0258 | info@BabajisKriyaYoga.net



















"The Goals of Life are Happiness, Peace, Love & Enlightenment – the Desire for Perfection comes forth from the SELF – the Image of GOD – which seeks to Realize & Express Itself through All Humanity.." – Yogi Ramaiah

#### **Schedule:**

3-Days Weekend Residential Program Friday 6 p.m. to Sunday 6 p.m.

Complete Attendance is Mandatory Prior Registration Required Reporting Time Friday 4 p.m.

#### Venue:

The School of Ancient Wisdom IV C Road, Devanahalli, Kannamangala Palya, Bangalore – 562 110

## **Suggested Contribution:**

Rs. 9,000/-

This amount reflects a per person share of expenses related to organize this event (venue, transport to venue, back office, publicity) and full board with shared accommodation

#### **Contact:**

for registration and seminar information please contact our Trust office Mr. Vinod K. 0 98 4566 1221

Visit our website: babajiskriyayoga.in the venue's: schoolofancientwisdom.org IN THIS WEEKEND SEMINAR, the first one of three progressive initiation seminars, you will learn essential Kriya techniques to awaken and circulate subtle energies, to increase your life force, to purify, heal and strengthen your body and mind (the five Mayakoshas), to expand your consciousness and awareness, and to unfold your complete human potential power.

- KRIYA KUNDALINI PRANAYAMA The powerful transforming and magnetizing breathing technique in six phases
- ASANA Hatha Yoga for greater health, relaxation and energy
- MEDITATION Seven Dhyana techniques to master the mind, find inner peace and realize Self & Absolute Reality
- MANTRA to contact Kriya Babaji and your Guru within you
- INITIATION PUJA Sacred ceremony of Bhakti Yoga
- LIFE STYLE How to integrate Yoga into daily life demands

GURUDASAN, Yogaacharya in Babaji's Kriya Yoga Order of

Acharyas, offers seminars with initiation into Babaji's Kriya Yoga, mainly in India and other Indian expat countries. With his cultural Tamil background, he is familiar with the Tamil Siddha Tradition and teaches Kriya Yoga within the context of Indian spirituality. His interest unfolded around Swami Vivekananda, Sri Ramana Maharshi and Sri Vidya Sadhana. With a bachelor's degree



in engineering and information technology, he works as an investigative data analyst. Married since 2014, he is living with his wife presently in Bangalore, India.

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