

Dear Kriyaban,

Om Kriya Babaji Nama Aum

You are cordially invited to our next meeting of Babaji's Kriya Yoga initiates, which will take place on **Saturday, February 29, 2020, from 3:00 pm to 6:00 pm**. It will be guided by **Acharya Amman**.

You will be able to deepen your understanding and experience of Babaji's Kriya Yoga, while having the opportunity to meet other Kriya Yoga practitioners.

If you have any doubts or questions about your Kriya Yoga practice, this is an ideal time to share them with us!

During this meeting, there will be a group practice of Kriya Hatha Yoga, Kriya Kundalini Pranayama and a meditation, as well as the study of a Patanjali Sutra.

Please let us know if you intend to participate.