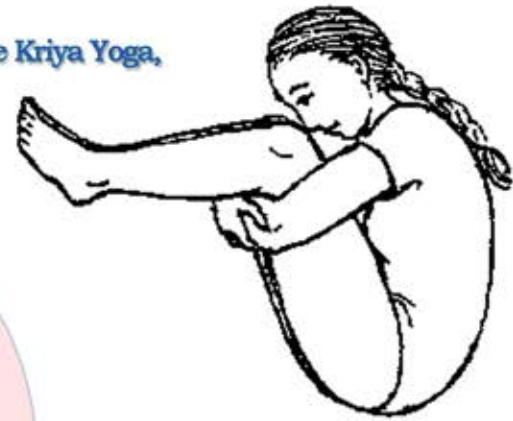


# Cours de Yoga gratuits

Vous êtes les bienvenu(e)s à participer à des cours de Yoga gratuits au Centre de Kriya Yoga, situé au 196 rang de la Montagne, St-Étienne-de-Bolton, Qc J0E 2E0

(cours en français ou bilingue)  
mardi de 9h à 10h45, samedi de 9h à 10h30

**Réservation requise : Veuillez nous contacter au moins 24h à l'avance.**  
1-888-252-9642 ou [amrit@babaji.ca](mailto:amrit@babaji.ca)

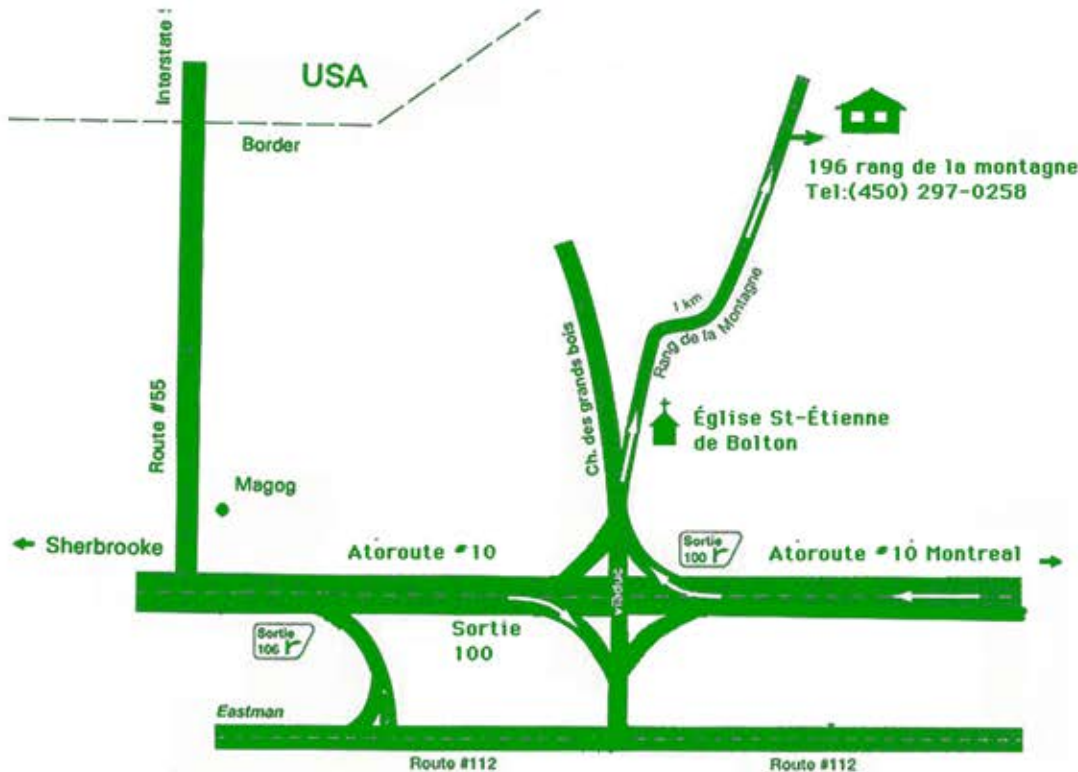


# Free Yoga Classes

You are invited to attend free Yoga classes at the Kriya Yoga Ashram, located at 196 Mountain Road, St Etienne de Bolton, Qc. J0E 2E0

Tuesday from 9 am to 10:45 am, Saturday from 9 am to 10:30 am

**Booking required: Please contact us at least 24h in advance.**  
1-888-252-9642 or [amrit@babaji.ca](mailto:amrit@babaji.ca)



## Directions

De Sherbrooke/Montréal  
au 196 rang de la Montagne  
St-Étienne-de Bolton  
Sortie 100, Autoroute 10

## Directions

From Sherbrooke/Montreal  
To 196 Mountain Road  
St-Etienne-de Bolton  
Exit 100, Autoroute 10

 <b>Kriya Yoga</b> 1-888-252-9642 <a href="mailto:amrit@babaji.ca">amrit@babaji.ca</a> <a href="http://www.babaji.ca">www.babaji.ca</a>	 <b>Kriya Yoga</b> 1-888-252-9642 <a href="mailto:amrit@babaji.ca">amrit@babaji.ca</a> <a href="http://www.babaji.ca">www.babaji.ca</a>	 <b>Kriya Yoga</b> 1-888-252-9642 <a href="mailto:amrit@babaji.ca">amrit@babaji.ca</a> <a href="http://www.babaji.ca">www.babaji.ca</a>	 <b>Kriya Yoga</b> 1-888-252-9642 <a href="mailto:amrit@babaji.ca">amrit@babaji.ca</a> <a href="http://www.babaji.ca">www.babaji.ca</a>	 <b>Kriya Yoga</b> 1-888-252-9642 <a href="mailto:amrit@babaji.ca">amrit@babaji.ca</a> <a href="http://www.babaji.ca">www.babaji.ca</a>	 <b>Kriya Yoga</b> 1-888-252-9642 <a href="mailto:amrit@babaji.ca">amrit@babaji.ca</a> <a href="http://www.babaji.ca">www.babaji.ca</a>	 <b>Kriya Yoga</b> 1-888-252-9642 <a href="mailto:amrit@babaji.ca">amrit@babaji.ca</a> <a href="http://www.babaji.ca">www.babaji.ca</a>	 <b>Kriya Yoga</b> 1-888-252-9642 <a href="mailto:amrit@babaji.ca">amrit@babaji.ca</a> <a href="http://www.babaji.ca">www.babaji.ca</a>
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