



# BABAJI'S KRIYA YOGA

Initiation seminar in Yerevan  
Armenia  
with Niranjana

The goal of life is happiness, peace, love and enlightenment. The desire for perfection comes from the Self, the image of God which seeks to express itself through all humanity.

**KRIYA YOGA** is a scientific art of perfect God truth union. It was revived in modern times by a great master of India, Babaji Nagaraj, as a synthesis of the teachings of the 18 siddhas. It includes a series of techniques.

Niranjana will be giving  
an initiation seminar

**from the 25<sup>th</sup> to the 27<sup>th</sup>  
of April 2024 in Yerevan Armenia**

Suggested contribution: 150 euros

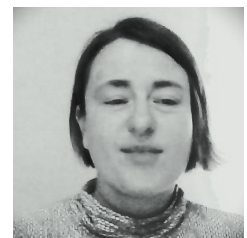
This will be preceded by:  
an introductory conference and  
meditation.

In this seminar you will learn 18 postures for greater health, relaxation and energy; the 6 phases of the powerful breathing technique, known as

**"Kriya Kundalini Pranayama"**

to awaken and circulate subtle energies; 7 techniques of meditation to cleanse the subconscious, to master the mind and to bring about realization of the Self and Absolute Reality.

**Niranjana** discovered Babaji's Kriya Yoga in 2004, at the age of 21, during an initiation with M. G. Satchidananda. During the past 19 years, she made multiple trips, and had the chance to study with several Acharyas of this lineage in different countries. She has been teaching Kriya Hatha Yoga since 2011 and collaborates with kriyabans around various projects related to Kriya Yoga. She is eternally grateful to these teachers, for their trust and their teachings. The encounter with this authentic lineage is undoubtedly the most precious gift of this life.



For further information /

<https://www.babajiskriyayoga.net>

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