

New eBook: "Yogic teachings of Jesus", by Nityananda.

Nobody in the West is as famous and as unknown as Jesus, despite our culture being built around His teachings.

"Yogic teachings of Jesus" compares the mystical teachings of Jesus with essential texts from the yogic tradition of the Siddhas from India. Raised in a strict Catholic culture, the author felt the need of integrating the figure and teachings of Jesus with his practice of Yoga. So he wrote this book to reconcile both views, for himself and for others in a similar situation.

The wisdom of the Siddhas, the masters of Yoga, allows us to reencounter Jesus' direct and radical message, a message that still moves us, even after two thousand years. Through "Yogic teachings of Jesus," the reader can meet the Beloved teacher, and rediscover the freshness of His words, the "living waters" of Truth, beyond limited interpretations. It is also a great introduction to Yoga for Christian people.

This book proposes a trip that, travelling through the East, ends in our own heart, the place in where, according to the Master, the Kingdom of Heaven lives.

"I recommend this book, "Yogic teachings of Jesus", to all those who aspire to find Truth, wisdom, the Kingdom of God, in this world, applying mystical teachings as expressed in the Gospels and Yoga's classic texts," Marshall Govindan.

Available in Amazon: http://www.amazon.com/

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