

Retreat center for rent



Babaji's Kriya Yoga Ashram, is the ideal place for those who are seeking a peaceful environment to deepen Yoga and Meditation practices.

This beautiful ashram with a remarkable atmosphere encourages a quiet mind and self-awareness. It has functioned as Yoga and meditation center since 1992. It is the perfect choice for weekend retreats, workshops or weeklong trainings.

- One hour from Montreal's Champlain Bridge, east on Autoroute 10, and only 5 minutes away from exit 100, in St Etienne de Bolton, Quebec.
- Offering delicious, organic, vegetarian cuisine;
- A conference room with 1,000 square feet of space.



- Situated on top of a mountain, on 80 acres, the ashram offers beautiful sunrises and sunsets and a panoramic view of Mount Orford;



- A private lake covering 3 acres, wonderful for swimming; in ground pool;



- An outdoor deck for yoga asanas, a small meditation hall by the lake; a mantra yagna fire platform.
- Two kilometers of waking paths in the forest;
- A non-smoking environment;

- Linen and towels furnished;



Address: 196 rang de la Montagne, St. Etienne de Bolton, Quebec, J0E 1E0

Rates: (C\$100 to C\$110) or (US\$75 to US\$85) per day/depending on accommodations, with 3 meals, plus tax; C\$60 or US\$49 per day with no meals; group rates on demand.

Directions if you are driving from Montreal: cross the Champlain Bridge. Take the #10 AutoRoute (Eastern Townships AutoRoute) for 55 minutes, to Exit 100. Turn right and go 3 km m to the village of St. Etienne de Bolton. At the church veer to your right and take “Mountain Road” (“Rang de la Montagne”) up the hill for 1.2 km to no. 196.. An arch at the entrance welcomes you to “**Kriya Yoga Ashram de Babaji.**”
Telephone 1-888-252-9642, fax: 450-297-3957
Email: info@babajiskriyayoga.net

Virtual visit : <http://www.babajiskriyayoga.net/english/photosflash/ashram/>
<http://www.babajiskriyayoga.net/english/videos/videos/v19.html>

“We have been coming to Babaji’s Kriya Yoga Ashram for our annual summer retreat starting in 2003. It is always a pleasure to return to this harmonious environment that creates such a supportive container for our inner work. Both the accommodations and the food provide the nourishment and peace that guide us gracefully into the essential.”

- Joan Ruvinsky

Pathless Yoga La voie sans voie

