

Babaji's Kriya Yoga®

The first in a series of progressive initiations. Kriya yoga is a scientific art of perfect god truth union.

26 April 2013, 19:00 - 21:00
What is Kriya Yoga Conference

KRIYA HATHA YOGA – 18 Postures for better health, relaxation and energy

27 April 2013, 14:00 - 21:00

KRIYA KUNDALINI PRANAYAMA – 6 phases of the powerfull breathing techniques to awaken and circulate subtle energies

28 April 2013, 14:00 - 21:00

DHYANA KRIYA – 7 Techniques of meditation to cleanse the subconscious, to master the mind and to bring about realization of the Self and Absolute Reality.

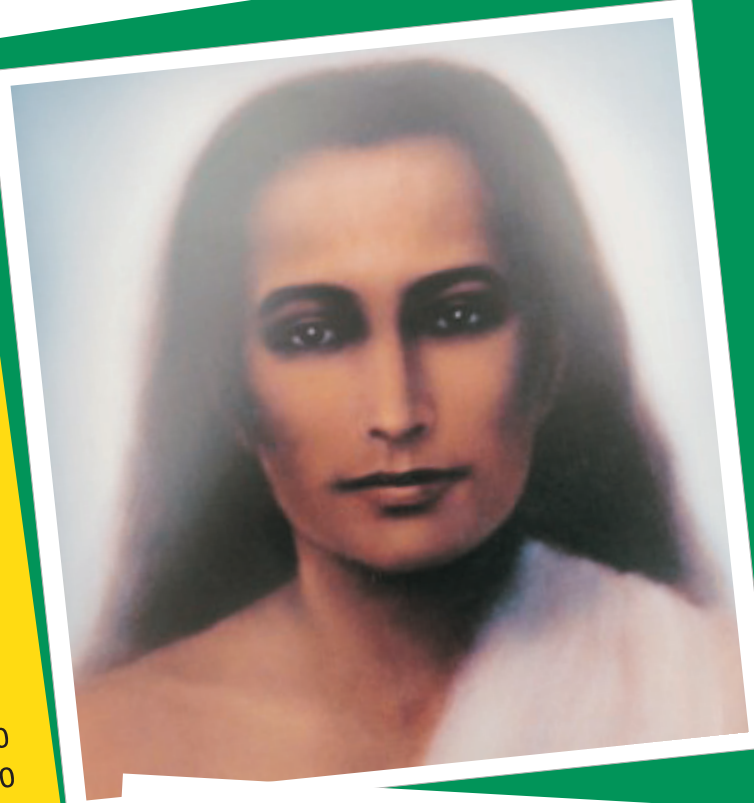
www.babaji.ca

YogaŞala Etiler

This course will be in English with no Turkish translation.
What is Kriya Yoga Conference will be free of charge.
This course is opened to all levels.

Course Fee:

14 Hours Course Fee: 630 TL (60 TL discount for payments before 7 April 2013)
Cash payments only. No refunds



Saraswati Karuna Devi

Saraswati Karuna Devi has practiced Yoga since 1964. In 1996 was initiated by M. Govindan Satchidananda, president of Babaji's Order of Acharyas. In December 2003 after fulfilling rigorous conditions and training requirements, became initiated in this fraternal order of teachers, and authorized to initiate others in the first and second level of Babaji's Kriya Yoga. Saraswati is a psychologist and practices Transpersonal Psychotherapy and Holotropic Breathwork.

