BABAJI'S KRIYA YOGA

1st INITIATION SEMINAR WITH ROHINI

The first in a series of progressive initiations
In Babaji's Kriya Yoga
In Daylesford February 6-7, 2016

The goal of life is happiness, peace, love and enlightenment. The desire for perfection comes from the Self, the image of God which seeks to express itself through all humanity.

KRIYA YOGA is a scientific art of perfect God truth union. It was revived in modern times by a great master of India, Babaji Nagaraj, as a synthesis of the teachings of the 18 Siddhas. It includes a series of techniques.

Rohini will be giving an
Initiation seminar 1
Saturday & Sunday
9:00am – 5:00pm
February 6-7, 2016
@ Daylesford, VIC
(1.5 hrs from Melbourne)
Dairy Flat Road, Musk
Free talk February 5 @ 7pm
Suggested Contribution $295
Early bird (by 6th January) $200

In this weekend you will learn 18 postures for greater health, relaxation and energy; the 6 phases of the powerful breathing technique, known as

"Kriya Kundalini Pranayama"

to awaken and circulate subtle energies; 7 techniques of meditation to cleanse the subconscious, to master the mind and to bring about realisation of the Self and Absolute Reality.

Rohini has practiced Kriya Yoga intensely since 1999, under the guidance and direction of M. Govindan, disciple of Babaji and author of the book Babaji and the 18 Siddha Kriya Yoga Tradition. After fulfilling certain rigorous conditions over several years, Rohini was inducted into Babaji's Kriya Yoga Order of Acharyas in Bangalore, India. She is now authorised to conduct first level initiations into Babaji's Kriya Yoga in Australia and abroad. She began her study of Yoga in the 1990's with Patabhis Jois, in Mysore and has raised a daughter through college graduation, managed a boutique and taught high school students. She gives a free monthly introductory lecture and asana class at her home in Daylesford, one hour from Melbourne, Australia, and teaches Kriya Yoga in seminars all over Australia and abroad.

For more information, or to enrol, contact:

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Visit www.babajiskriyayoga.net