



## ENROLLMENT FORM FOR INITIATION INTO KRIYA KUNDALINI PRANAYAMA AND MEDITATION

Initiation into Kriya Yoga means to receive one's first experience with the techniques involved from someone who has been authorized to reveal them. While no prior experience with yoga is required, your response to these questions will facilitate evaluation of your readiness for initiation into Kriya Yoga. Confidentiality of the techniques is required to ensure that they will not be passed on to others in a modified or incomplete form.

Name \_\_\_\_\_ Email \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State or Prov. \_\_\_\_\_

Zip or postal code \_\_\_\_\_ Tel. Number \_\_\_\_\_ Date of birth \_\_\_\_\_

Proposed place and date of initiation \_\_\_\_\_

Why do you want to be initiated in the techniques of Babaji's Kriya Yoga? \_\_\_\_\_

\_\_\_\_\_

What do you love most in this world? \_\_\_\_\_

What are your favorite books in spirituality, philosophy and metaphysics? \_\_\_\_\_

\_\_\_\_\_

Have you been initiated into Yoga before? If so, where and by whom? Do you continue to practise the techniques learned? \_\_\_\_\_

Are you prepared to practise regularly and faithfully the techniques taught in the initiation classes? \_\_\_\_\_

Do you have any significant health problems like high blood pressure which might restrict your practice of the yoga postures? \_\_\_\_\_

Are you taking any medication? If so what? \_\_\_\_\_

I, \_\_\_\_\_ do solemnly promise to Babaji not to reveal to anyone the techniques of Kriya Kundalini Pranayama and meditation into which I will be initiated under any circumstances.

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date

Please return to Vidhyananda (Sherry Ryan), Providence Healing Arts, 60 Georgia Avenue, Providence, RI 02905, with a deposit of \$50 payable to "**Sherry Ryan**". This deposit will be returned to you only if you are not accepted for initiation into Kriya Yoga or are prevented by unavoidable circumstances from attending. If you have any questions please feel free to call Vidhyananda, tel. 1 401 751 2050 or Email: sherry@providencehealingarts.com. This document will be kept strictly confidential.

Thank you.