



ENROLLMENT FORM FOR INITIATION INTO KRIYA KUNDALINI PRANAYAMA AND MEDITATION

Initiation into Kriya Yoga means to receive one's first experience with the techniques involved from someone who has been authorized to reveal them. While no prior experience with yoga is required, your response to these questions will facilitate evaluation of your readiness for initiation into Kriya Yoga. Confidentiality of the techniques is required to ensure that they will not be passed on to others in a modified or incomplete form.

Name _____ Email _____

Address _____ City _____ State or Prov. _____

Zip or postal code _____ Tel. Number _____ Date of birth _____

Proposed place and date of initiation _____

Why do you want to be initiated in the techniques of Babaji's Kriya Yoga? _____

What do you love most in this world? _____

What are your favorite books in spirituality, philosophy and metaphysics? _____

Have you been initiated into Yoga before? If so, where and by whom? Do you continue to practise the techniques learned? _____

Are you prepared to practise regularly and faithfully the techniques taught in the initiation classes? _____

Do you have any significant health problems like high blood pressure which might restrict your practice of the yoga postures? _____

Are you taking any medication? If so what? _____

I, _____ do solemnly promise to Babaji not to reveal to anyone the techniques of Kriya Kundalini Pranayama and meditation into which I will be initiated under any circumstances.

Signature

Date

Por favor envíe a Joseba Idoyaga, Bidebarri nº6, 1º A, 48640 Berango, Vizcaya, España un talón con un depósito de 50 € a nombre de "**Joseba Idoyaga**". Este depósito será devuelto sólo si no se acepta para la iniciación en Kriya Yoga o por circunstancias inevitables de asistir. Si usted tiene alguna pregunta no dude en llamar a Joseba en el 655 70 20 90 o enviando un Email a: jidoyaga@gmail.com.

Este documento se mantendrá estrictamente confidencial.

Gracias